

# Rx<sup>3</sup> Compounding Pharmacy

Quality Reliability Integrity Excellence



804-717-5000

<http://www.rx3pharmacy.com/>

August 2011

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Dear Customer,

Rx3 is excited to announce that we are offering a new customized line of skin care compounded by Rx Solutions. Rx Solutions uses pharmaceutical-grade ingredients to correct the signs of hormonal aging. We will be hosting a Ladies Night Out Celebration on September 20th to preview the Rx Solutions Products and more. RSVP to Judy Meadows at 804-717-5000 or [judym@rx3pharmacy.com](mailto:judym@rx3pharmacy.com). See below for more information!

**[Nutraceutical Coupon included at the bottom of this newsletter!](#)**



*Preview Rx3 Compounding Pharmacy cordially invites you to our Ladies Night Out Celebration*  
*Preview our new line of custom skin therapy "RX Solutions"*  
*Get answers to your questions about Bio-Identical Hormone Replacement Therapy*  
*Speaker: Dr. John Ciurash*  
**Tuesday, September 20, 2011**  
**7:30pm - 8:30pm**  
*at Rx3 Pharmacy*  
*12230 Iron Bridge Road, Suite C*  
*Chester, Virginia 23831*  
*Enjoy a free "mini" chair massage with Message Therapist, Jaime Pennington along with refreshments*

**Receive a Free Skin Analysis \$40 Value**

**Reserve Your Appointment Between 5 and 7:30pm**

*RSVP to Judy Meadows*  
*804-717-5000*  
*or [judym@rx3pharmacy.com](mailto:judym@rx3pharmacy.com)*

## **Prevention and Treatment of Migraines**

This is a case where "an ounce of prevention is worth a pound of cure". Migraines are often caused by hormone

imbalance or triggered by foods or additives such as MSG (monosodium glutamate, commonly found in flavor sauces and soy products) or artificial sweeteners such as aspartame. It can help to keep a food diary and try an elimination diet if you see a pattern of migraine occurrence after eating certain foods.

When migraines do occur, the most appropriate drug for you depends on the unique characteristics of your migraine attack, as well as your preference for dosage form, etc. The optimal medication produces a rapid, sustained pain-free response with minimal adverse effects. Suspensions or suppositories can be used to treat migraines when an oral tablet or nasal spray is not suitable for a particular patient. When commercially available preparations do not provide adequate symptom relief or cause intolerable side effects, we can work together with patient and physician to individualize therapy.

A combination of isometheptene mucate, dichloralphenazone, and acetaminophen (most commonly known as Midrin®) has been used for decades to treat migraine. The isometheptene mucate helps reverse vasodilation that may occur during a migraine, dichloralphenazone is a sedative (so cautions apply), and acetaminophen is an analgesic. A multicenter, double-blind, randomized, parallel-group study concluded that this combination may have a slight advantage compared with sumatriptan succinate in the early treatment of mild-to-moderate migraine.

Recently, Midrin® and other commercial preparations containing the same active ingredients have been discontinued due to manufacturing problems. OUR PHARMACY CAN HELP by compounding a preparation containing isometheptene, acetaminophen, and chloral hydrate (in place of dichloralphenazone).

***Ask us for more information about therapies for migraine, and also how we can help if you need a medication that is no longer commercially available.***





## **Migraines: The Natural Approach**

As debilitating and painful as migraines are, preventing one could be worth a Mint. There are several natural products that alleviate this neurological disorder. Often when turning to the alternative approach, it may take more than one try to find the right combination for you.

**Butterbur** is native to Europe and has analgesic properties that are supportive in relieving and possibly preventing headache pain. It has been shown to have anti-inflammatory actions.

**Magnesium** is an important mineral that calms the body and aids in sleeping, while helping to maintain normal nerve function. While there seems to be conflict among researchers as to its benefits, most would agree magnesium may play an important role for migraine sufferers.

**Riboflavin (Vitamin B-2)** is one of many vitamins in the B complex family and is water soluble. Vitamin B complex is essential for metabolizing fats and proteins. The B complex vitamins keep muscles toned and are needed for the hair, skin, and liver. Riboflavin is also necessary for your digestive and nervous system. Insufficient riboflavin can cause headaches, fatigue, digestive issues, and visual disturbances, which mainly affects the elderly.

**Feverfew** plants grow widely across Europe and North America. Feverfew has long been used to treat fevers, however, migraine sufferers began to use it to ward off severe headaches in the 1970s.

A combination of the above items can possibly bring about a better outcome for migraine prevention. You should always consult your doctor before taking any products that can interfere with other medications you may be taking. For more information, please visit our pharmacy during normal business hours.

Have a problem with your medicine? Side effects? Bad taste?  
Let us know - we can help!

Sincerely,

C.F. Sonny Currin, R.Ph (Compounding Pharmacist / Partner)  
Chris Currin, R.Ph (Compounding Pharmacist / Partner)



**COUPON:**

END OF SUMMER SALE ON ENTIRE STORE!  
Buy one product at regular price and get  
25% off your second product\*  
MIX AND MATCH ENTIRE STORE

**SAVE  
25%**

**\*Can not be combined with other offers;  
2nd item must be of equal or lesser value**

**Offer Expires: August 31, 2011**

**Free  
Sample**



Bring in this coupon to receive your  
free one week trial of RX Solutions.

**Offer Expires: August 31, 2011**