

Rx³ Compounding Pharmacy

Quality Reliability Integrity Excellence



804-717-5000

<http://www.rx3pharmacy.com/>

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Dear Customer,

Want help managing your diabetes? We will lend you a hand! Rx3 Pharmacy will be offering a free diabetes management session on October 19th from 5:00-6:00 at Rx3 (12230 Ironbridge Road, Chester, VA 23831). This event will feature Brenda Payne, a Certified Diabetes Educator (CDE). Contact Brenda with any questions regarding the event at 852-3228.

Rx3 would like to thank everyone that came out to our Ladies' Night event last month. We had a great time and hope you did, as well! If you weren't able to make it, but are still interested in Rx Solutions skin therapy, please come by Rx3 to receive a skin analysis and a free sample of Rx Solutions products.

Nutraceutical Coupons are included at the bottom of this Newsletter!!!!



Crowded Ladies Night audience listens to Sonny Currin's welcome.

Please give us a call at any time at 804-717-5000 with any questions or concerns.

Sincerely,
Rx3 Compounding Pharmacy Team



Hormone Replacement Therapy

September is Menopause Awareness Month. Embrace menopause - don't suffer through it! Bioidentical hormone therapy can relieve symptoms of menopause, improve your quality of life, and help to prevent disease.

Hormones are needed for all types of bodily functions. Our hormone levels change in response to our environment, thought processes, stress levels, food

intake, and medications. We know that when hormone levels decline as part of the normal aging process, problems with health arise.

Because each woman has unique biological needs which change as she ages, we compound hormone therapy in the most appropriate dose and dosage form to meet individual needs.

The type of hormone therapy that is selected "is what makes the difference and must be carefully considered," according to Erika T. Schwartz, MD, and Kent Holtorf, MD, leading experts in hormone therapy. These physicians wrote a great article that you can take to your physician, and can be found at the following web address:

[Link this to www.drerika.com/Files/ServicePageFiles/9ad83a4d-247f-47b4-8d99-96bf19f19b10.pdf](http://www.drerika.com/Files/ServicePageFiles/9ad83a4d-247f-47b4-8d99-96bf19f19b10.pdf)

At Rx3, we work together with each woman and her healthcare provider (physician, physician's assistant, or nurse practitioner) to customize hormone therapy based on the results of laboratory testing. And we monitor each woman's symptoms as well as follow-up lab results, to recommend changes when needed, to minimize the risk of side effects.

Call us today at 804-717-5000 to find out the difference that hormone balance can make in your life.

Natural Hormone Replacement Options

Rx3 Offers Natural Hormone Replacement Therapy Options that can be Used in Place of or in Conjunction with Prescription Hormone Replacement Therapy

Black Cohosh is a natural supplement that has been used for years by Native Americans to treat menstrual cramps, cough, and indigestion. Today, Black Cohosh is used to improve the hot flashes, mood swings, and night sweats associated with menopause. In 2001, the American College of Obstetricians and Gynecologists

stated that Black Cohosh may help with menopausal hot flashes, specifically.

Red Clover has also often been used to treat hot flashes. Red Clover acts on the opioid system, which regulates temperature, mood, and hormone levels. These functions explain the beneficial effects this supplement can have on menopausal symptoms.

Additionally, **Soy Isoflavone Extract** has implications in menopausal therapy because this supplement mimics estrogen by binding to the same receptors as estrogen. Therefore, due to the severe drop in estrogen levels during menopause, Soy Isoflavone Extract can reduce the severity of menopausal symptoms. Soy Isoflavone Extract can also reduce the risk of osteoporosis, which is common in postmenopausal women.

The Designs for Health supplement **DIM-Avail** is a combination product that is specifically formulated to improve hormone related conditions including: PMS, PCOS (Polycystic Ovary Syndrome), endometriosis, fibroid tumors, menopausal symptoms, and weight problems.

Lastly, supplementing **DHEA** can improve menopausal symptoms. DHEA is the precursor to both male and female sex hormones. It can reduce typical symptoms experienced in menopause, including hot flashes and emotional disturbances.

[Call or stop by Rx3 for further information on natural menopausal supplements!](#)



Bring in this coupon and receive your free one week trial of Rx Solutions skin care products!

Have a problem with your medicine? Side effects? Bad taste? Let us know - we can help!

Sincerely,

C.F. Sonny Currin, R.Ph (Compounding Pharmacist / Partner)
Chris Currin, R.Ph (Compounding Pharmacist / Partner)



Save 10%

On ANY Menopause Support Product
*Cannot be combined with other offers

Offer Expires: October 31, 2011

Must present coupon for savings!

BOGO 50%

NOW MSM 1000 mg 120 ct
Buy one at regular price, get a second for 50% off

*Cannot be combined with other offers

Offer Expires: October 31, 2011

Must present coupon for savings!

BOGO 50%

Buy any item below at regular price,
and get a second item at equal or
lesser value for 50% off!

NOW Krill Oil 500mg 60ct
NOW B-100 Caps 100ct
NOW Vitamin D3 1000mg chewables
NOW Grape Seed 100mg 100ct
NOW Glucosamine 750mg 90ct

*Cannot be combined with other offers

Offer Expires: October 31, 2011

Must present coupon for savings!

Save 15% On Any NOW CoQ10 products!
(any size or strength)
Cannot be combined with any other offers!

Offer Expires: October 31, 2011

Already reduced prices not included!

BOGO 50% NOW Men's and Women's
Multi-Food Complex Vitamins
Buy one at regular price, get a second multi
for 50% off.

MIX AND MATCH

*Cannot be combined with other offers.

Offer Expires: October 31, 2011

Must present coupon for savings!

Save 20% On ANY Sports Nutrition Product
*Cannot be combined with any other offers

Offer Expires: October 31, 2011

Must present coupon for savings!

Save 10-15% Save 10% on Nordic Natural 8oz orange Cod Liver Oil
OR
Save 15% on Nordic Natural 16oz orange Cod Liver Oil

Offer Expires: October 31, 2011

No other discounts apply!