

Rx³ Compounding Pharmacy

Quality Reliability Integrity Excellence



804-717-5000

<http://www.rx3pharmacy.com/>

September 2011

In This Issue

[PALLIATIVE CARE -
Providing Comfort for
People with Serious
or Life-Threatening
Illnesses](#)

[Natural Approach for
Palliative Care](#)

Site Links

[Home](#)

[About Us](#)

[Compounding](#)

[Services](#)

[Supplements](#)

[RX Refills](#)

[Contact Us](#)

[News & Announcements](#)

Accredited By



**Follow Us for
Updates and
Promotions**



Dear Eric,

Don't forget about our upcoming Ladies Night on September 20th event featuring Rx Solutions skin therapy! Rx Solutions is a customized line of skin care that uses pharmaceutical-grade ingredients to remedy the signs of hormonal aging. We will be hosting a Ladies Night Out Celebration on September 20th to preview the Rx Solutions Products and more. RSVP to Judy Meadows at 804-717-5000 or judym@rx3pharmacy.com. See below for more information!

Nutraceutical Coupons are included at the bottom of this Newsletter!!!!

Join Our Mailing List!



Preview Rx3 Compounding Pharmacy cordially invites you to our Ladies Night Out Celebration
Preview our new line of custom skin therapy "RX Solutions"
Get answers to your questions about Bio-Identical Hormone Replacement Therapy
Speaker: Dr. John Ciurash
Tuesday, September 20, 2011
7:30pm - 8:30pm
at Rx3 Pharmacy
12230 Iron Bridge Road, Suite C
Chester, Virginia 23831
Enjoy a free "mini" chair massage with Message Therapist, Jaime Pennington along with refreshments

Receive a Free Skin Analysis \$40 Value

Reserve Your Appointment Between 5 and 7:30pm

RSVP to Judy Meadows
804-717-5000
or judym@rx3pharmacy.com

PALLIATIVE CARE - Providing Comfort for People with Serious or Life-Threatening Illnesses

Palliative care is focused on providing comfort and

relieving symptoms and stress of chronic illness, rather than curing the disease. We work to improve a patient's quality of life so that they are able to enjoy their time with loved ones and even pursue satisfying activities. Although palliative care is often associated with cancer or Hospice, patients with chronic, progressive pulmonary disorders, renal disease, chronic heart failure, and progressive neurological conditions, as well as children with serious illness, can also benefit.

We work together with patients, their caregivers and the healthcare team to provide solutions for the following problems:

Nausea & Vomiting may be caused by the disease or by the treatment, such as chemotherapy. When a patient is unable to swallow or "keep down" medication, we can compound the needed drugs into transdermal dosage forms such as topical gels and creams or rectal suppositories.

-
Mucositis - one of the most agonizing side effects of certain types of chemotherapy is mucositis, which is a painful inflammation or ulceration of the lining of the GI tract, anywhere from the mouth to the anus. Patients with mucositis are often unable to eat. Reduction of caloric intake can lead to weight loss, loss in muscle mass strength and other complications, including a decrease in immunity. Our compounding pharmacist can prepare oral gels and rinses - and even lollipops - to decrease the pain and speed the healing of mucosal lesions. We can compound preparations containing glutamine which has been shown to decrease the risk of mucositis in patients who are receiving bone marrow transplants.

Oral Thrush is a fungal infection that commonly occurs in the mouth of patients who are immunosuppressed. We can prepare pain relievers and antifungals in the form of lozenges, suspensions, and lollipops to increase the contact time between the medication and the mouth, and help with the healing process.

Xerostomia (dry mouth) may occur as a result of radiation therapy to the head or neck, or as the result of conditions such as Sjogren's disease. We can compound medications to help stimulate saliva flow.

Flavored Oral Medications- Taste changes can occur as a

consequence of chronic disease. We can flavor oral medications according to each patient's preference.

Pain Management - Ask us about customized medications for pain management.

Wound Care - We can compound various medications and combinations to help with healing and fight infection.

When needed medications are not commercially available, our compounding professionals can help. We can prepare customized medications in the most appropriate dose and dosage form for each patient. By changing the route of administration, for example from intravenous to transdermal, we can eliminate the need for injections. Please contact our pharmacist for more information.

Rx3 Offers Natural Remedies for Palliative Care

Patients with chronic, life threatening illnesses often experience debilitating side effects from their treatment and medication such as nausea, vomiting, and dry mouth to name only a few. These patients may want to consider natural alternatives to conventional treatments for these ailments. These natural products are especially for conditions that appear suddenly and need immediate attention due to the accessibility of nutraceutical products.

Ginger ale has been the go-to at home treatment for soothing stomach aches in children for years, so it may not come as any surprise to you that **Ginger Root** can be used to relieve the symptoms of nausea, especially that associated with chemotherapy. In the case of chemotherapy, ginger is most effective when taken prior to the chemotherapy regimen in order to increase the time the body has to absorb the herb. Ginger can be used in addition to traditional prescription medications used to manage nausea.

Hyaluronic acid has been effective in treating mucositis. Although it is often used to treat osteoarthritis, hyaluronic acid can also heal wounds, burns, skin ulcers, while also having a moisturizing effect. **Honey** has also shown effectiveness in treating mucositis involved with radiation and chemotherapy treatments when applied topically.

For patients experiencing oral thrush due to immunosuppression caused by other medication (such as antibiotics) or treatment regimens, **Pomegranate** can be an effective treatment due to its antifungal properties. Additionally, **Tea Tree Oil**, which also presents antifungal properties, is also effective for oral thrush and can be diluted with water to make a solution that can be gargled.

Bromelain, which is an enzyme found in pineapple that is an anti-inflammatory agent, is a supplement that can be used for pain management due. **Licorice** is also strong anti-inflammatory agent that can improve pain symptoms, and can also be successful in healing ulcers.

For wounds associated with chronic illnesses, patients should consider **Aloe** as a topical treatment. Aloe vera has been used topically for thousands of years to treat burns, wounds, skin ulcers, and generally to soothe the skin.



Bring in this coupon and receive your free one week trial of Rx Solutions skin care products!

Have a problem with your medicine? Side effects? Bad taste? Let us know - we can help!

Sincerely,

**C.F. Sonny Currin, R.Ph (Compounding Pharmacist / Partner)
Chris Currin, R.Ph (Compounding Pharmacist / Partner)**



BOGO 50%

NOW MSM 1000 mg 120 ct
Buy one at regular price, get a second for 50% off

*Can not be combined with other offers

Offer Expires: September 30, 2011

Must present coupon for savings!

BOGO 50%

Buy any item below at regular price,
and get a second item at equal or
lesser value for 50% off!

NOW Krill Oil 500mg 60ct
NOW B-100 Caps 100ct
NOW Vitamin D3 1000mg chewables
NOW Grape Seed 100mg 100ct
NOW Glucosamine 750mg 90ct

*Cannot be combined with other offers

Offer Expires: September 30, 2011

Must present coupon for savings!

Save 15%

On Any NOW CoQ10 products!
(any size or strength)
Cannot be combined with any other offers!

Offer Expires: September 30, 2011

Must present coupons for savings!

BOGO 50%

NOW Men's and Women's

Multi-Food Complex Vitamins

Buy one at regular price, get a second multi
for 50% off.

MIX AND MATCH

***Cannot be combined with other offers.**

Offer Expires: September 30,2011

Must present coupon for savings!

Save 25%

On ANY Energy and Metabolism Product

***Cannot be combined with other offers**

Offer Expires: September 30,2011

Must present coupon for savings!

Save 20%

On ANY Sports Nutrition Product

***Cannot be combined with any other offers**

Offer Expires: September 30, 2011

Must present coupon for savings!